

Kinesiology, Youth Sport and Athletic Welfare

Cardiff, Wales and West London | June 6-20, 2020

Kinesiology 499 is designed for Kinesiology students with an interest in physical activity, fitness and sport. Cardiff Metropolitan University and Brunel University faculty will teach course content from the Centre for Youth Sport and Athletic Welfare in the School of Sport and Education.

This two-week summer abroad experience in Wales and England will focus on the United Kingdom approach to physical activity, physical fitness, and sport, gaining knowledge from past and current norms and traditions. Students will hear lectures from experts in physical activity, fitness, sports, and the Olympic games and visit the 2012 Olympic sites in London. Additional excursions will be planned to other universities, sport facilities, commercial and community fitness facilities, "football" stadiums, sport facilities, historical sites, rugby clubs/matches, and local school systems.

Students are responsible for tuition costs, personal expenses, and travel to and from the United Kingdom.

Led by Alison Weimer, Ph.D., Health & Physical Education Program Director

Apply: gpglobalea.gp.psu.edu/?go=westlondonkines

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