

**EMILY B. ANSELL, PH.D.**  
**ASSOCIATE PROFESSOR**  
**DEPARTMENT OF BIOBEHAVIORAL HEALTH**  
**PENNSYLVANIA STATE UNIVERSITY**

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Pennsylvania State University  
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**EDUCATION**

- 1999 - 2005 **Ph.D., Clinical Psychology, The Pennsylvania State University**  
University Park, PA
- 1997 - 1999 **M.S., Psychology, Villanova University**  
Villanova, PA
- 1993 - 1997 **B.A., Psychology, *cum laude*, Wake Forest University**  
Winston-Salem, NC

**CAREER & ACADEMIC APPOINTMENTS**

- 2019 – present **Associate Professor, Department of Biobehavioral Health,**  
Pennsylvania State University, University Park, PA
- 2016 – 2019 **Associate Professor, Department of Psychology & Program in Neuroscience,**  
Syracuse University, Syracuse, NY
- 2011 - 2016 Assistant Professor, Department of Psychiatry, Yale University School of  
Medicine, New Haven, CT
- 2010 - 2013 Assistant Director of Research, Yale Stress Center, Yale University School of  
Medicine, New Haven, CT
- 2008 - 2011 Associate Research Scientist, Department Of Psychiatry, Yale University School  
Of Medicine, New Haven, CT
- 2005 - 2008 Postdoctoral Associate, Personality Disorders Research Program, Department Of  
Psychiatry, Yale University School Of Medicine, New Haven, CT

Licensed Clinical Psychologist: NY License No. 02349

## **PROFESSIONAL INVOLVEMENT, HONORS OR RECOGNITION**

- 2020 – 2021 **Graduate Committee**, Department of Biobehavioral Health, Penn State University
- 2019 - 2020 **Research Committee**, Department of Biobehavioral Health, Penn State University
- 2019 **Society for Ambulatory Assessment Program Chair and Conference Host**
- 2018 – 2019 **Aging, Behavioral Health, & Neuroscience Cluster**, Co-director, Syracuse University
- 2017 – 2019 **Health & Wellbeing Research Steering Committee**, Syracuse University
- 2017 – 2019 **Executive Committee**, Psychology Department, Syracuse University
- 2017 – 2018 **Curriculum Committee**, Psychology Department, Syracuse University
- 2017 – present **Ad Hoc Reviewer, National Institutes of Health Biomedical Computing and Health Informatics Study Section Interventions and Mechanisms of Addiction, Special Emphasis Panel Adult Psychopathology and Disorders of Aging Study Section Drug Abuse Panel for PAR 16-234**
- 2014 – 2020 **Consulting Editor**, Assessment
- 2012 – 2020 **Consulting Editor**, Journal of Personality Assessment
- 2017 – 2018 **Promotion & Tenure Committee**, College of Arts & Sciences, Syracuse University
- 2016 – 2017 **Workload Allocation Policy Committee**, Psychology Department, Syracuse University
- 2016 **External Reviewer**, Swiss National Foundation
- 2015 – 2016 **External Reviewer**, Center for Translational & Basic Research, CUNY Hunter
- 2013 – 2016 **Co-Director**, Yale/ National Education Alliance -BPD Conference
- 2013 - 2014 **Past President**, Society for Interpersonal Theory & Research
- 2009 - 2013 **Planning Committee**, Yale/ National Education Alliance-BPD Conference
- 2012 - 2013 **President**, Society for Interpersonal Theory & Research
- 2007 - 2012 **NIH Clinical Research Loan Repayment Program – Competitive Award**
- 2011 - 2012 **President-Elect**, Society for Interpersonal Theory & Research
- 2010 - 2011 **Editor** for the Society for Interpersonal Theory and Research Newsletter
- 2009 - 2011 **Member-at-large**, Executive Committee, Society for Interpersonal Theory & Research
- 2009 **External Reviewer**, Faculty Research Grants, Villanova University
- 2008 - 2010 **Associate Editor**, Society for Interpersonal Theory and Research Newsletter

## **RESEARCH SUPPORT**

### **Current Grants:**

R01DA039924	Ansell (PI)	3/1/2015 – 12/31/2021
NIH/NIDA		\$2,098,429
“Ecological Momentary Assessment of Cannabis Use Effects in Young Adults”		



couple. It will also explore for whom and in what contexts drinking behavior in a given day/instance may directly influence drinking behavior of the partner.

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|--------------------------|-------------|-------------------------------------|
| K08 DA029641<br>NIH/NIDA | Ansell (PI) | 04/01/2011 – 3/31/2016<br>\$839,500 |
|--------------------------|-------------|-------------------------------------|
- “Interpersonal Behaviors, Stress, and Addiction”  
The work conducted with this Mentored Clinical Scientist Research Career Development Award examines phenomenology and assessment of addictive behaviors; psychobiological models of cumulative adversity, trauma, and stress; and ecological momentary assessment methodology and data analysis. It also incorporates training in neurobiological models of stress and addiction.  
Role: Principal Investigator
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|-------------------------|--------------|-----------------------------------|
| R01DA033431<br>NIH/NIDA | Chaplin (PI) | 8/1/2013 – 7/31/2016<br>\$180,460 |
|-------------------------|--------------|-----------------------------------|
- “Parent-adolescent interactions and substance abuse risk: Gender differences”  
This project examines associations between parent-child interaction quality as measured via a laboratory stress paradigm and substance use and other behavior problems over the course of three years in a group of youth in early to middle adolescence with a particular focus on gender differences in pathways to risk.  
Role: Consortium Site Principal Investigator
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|---|------------|-----------------------------------|
| Competitive Supplement<br>NIH/ NIDDK/ OBSSR | Sinha (PI) | 7/1/2015 – 6/30/2016<br>\$100,000 |
|---|------------|-----------------------------------|
- “Social-behavioral processes underlying highly palatable food craving, stress, and self-control”  
Obesity is a chronic medical condition and worldwide epidemic, increasing the risk of type II diabetes mellitus (T2DM), cardiovascular disease and other chronic diseases that are of great burden to the health care system. Understanding the complex biobehavioral mechanisms and sociobehavioral processes that affect self-management of food intake, energy expenditure and weight gain resulting in this chronic medical condition through examination of moment to moment sociobehavioral processes relating to stress, social context, and food intake are the foci of this project.  
Role: Co-Investigator
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| Grant<br>Peter McManus Charitable Trust | Fox & Ansell (Co-PIs) | 1/1/2014- 7/1/2015<br>\$50,000 |
|---|-----------------------|--------------------------------|
- “Immune System Adaptations Underpinning the Transition from Social to Hazardous Drinking”  
The objectives for this grant are to examine the nature of peripheral cytokine (IL-1ra, IL-6, TNFa) changes during stress and whether these changes are able to predict hazardous drinking. We also aim to ascertain the extent to which anxiety, mood and ability to regulate emotion mediate this relationship. Hazardous and moderate drinkers were exposed to two personalized guided imageries (stress and relaxing) in a laboratory paradigm and psychobiological markers of stress, immune function, and self-reports were examined.  
Role: Co- Principal Investigator



4. Hopwood, C. J., Morey, L. C., Skodol, A. E., Stout, R. L., Yen, S., **Ansell, E. B.**, Grilo, C. M., & McGlashan, T. H. (2007). Five-factor model personality traits associated with alcohol-related diagnoses in a clinical sample. *Journal of Studies on Alcohol and Drugs*, *68*, 455 – 460.
5. **Ansell, E. B.**, Kurtz, J. E., & Markey, P. M. (2008). Gender differences in interpersonal complementarity. *Personality and Social Psychology Bulletin*, *34*, 502 – 512.
6. **Ansell, E. B.**, Pinto, A., Edelen, M. O. & Grilo, C. M. (2008) The structure of DSM-IV obsessive-compulsive personality disorder in a binge eating disorder sample. *Canadian Journal of Psychiatry*, *53*, 863 - 867.
7. Cain, N. M., Pincus, A. L., & **Ansell, E. B.** (2008) Narcissism at the crossroads: Phenotypic description of pathological narcissism across psychiatric diagnosis, clinical theory, and social/personality psychology. *Clinical Psychology Review*, *28*, 638- 656.
8. Hopwood, C.J., Morey, L.C., **Ansell, E.B.**, Grilo, C.M., Sanislow, C.A., McGlashan, T.H., Markowitz, J.C., Gunderson, J.G., Yen, S, Shea, M.T., Skodol, A.E. (2009) The convergent and discriminant validity of five-factor traits: Current and prospective social, work, and recreational dysfunction. *Journal of Personality Disorders*, *23*, 466-476.
9. Hopwood, C.J., Newman, D.A., Donnellan, M.B., Markowitz, J.C., Grilo, C.M., Sanislow, C.A., **Ansell, E.B.**, McGlashan, T.H., Skodol, A.E., Shea, M.T., Gunderson, J. G. Zanarini, M. C., & Morey, L. C. (2009) The stability of personality traits in individuals with borderline personality disorder. *Journal of Abnormal Psychology*, *118*, 806-815.
10. Hopwood, C.J., Morey, L.C., Markowitz, J.C., Pinto, A., Skodol, A.E., Gunderson, J.G., Zanarini, M.C., Shea, M.T., Yen, S., McGlashan, T.H., **Ansell, E.B.**, Grilo, C.M., & Sanislow, C.A. (2009). The construct validity of passive-aggressive personality disorder. *Psychiatry: Interpersonal and Biological Processes*, *72*, 256 -267.
11. Pincus, A. L., **Ansell, E. B.**, Pimental, C. A., Cain, N. M., Wright, A.G.C., & Levy, K. N. (2009). Initial construction and validation of the pathological narcissism inventory. *Psychological Assessment*, *21*, 365-379
12. Sanislow, C.A., Little, T.D., **Ansell, E.B.**, Grilo, C.M., Daversa, M., Markowitz, J.C., Pinto, A., Shea, M.T., Yen, S., Skodol, A.E., Morey, L.C., Gunderson, J.G., Zanarini, M.C., & McGlashan, T.H. (2009). Testing the 10 year stability of DSM-IV schizotypal, borderline, avoidant, and obsessive compulsive personality disorder constructs. *Journal of Abnormal Psychology*, *118*, 507-519.
13. Hopwood, C. J, Burt, S. A., Markowitz, J. C., Yen, S, Shea, M. T., Sanislow, C. A., Grilo, C. M., **Ansell, E. B.**, McGlashan, T. H., Gunderson, J. G., Zanarini, M. C., Skodol,

- A. E., Morey, L. C. (2009) The construct validity of rule-breaking and aggression in an adult clinical sample. *Journal of Psychiatric Research*, *43*, 803-808.
14. Shea, M. T., Edelen, M.O., Pinto, A., Yen, S., Gunderson, J. G., Skodol, A. E., Markowitz, J., Sanislow, C. A., Grilo, C. M., **Ansell, E. B.**, Daversa, M.T., Zandarini, M. C., McGlashan, T. H., Morey, L.C.. (2009) Improvement in borderline personality disorder in relationship to age. *Acta Psychiatrica Scandinavica*, *119*, 143 -148.
  15. **Ansell, E.B.**, Pinto, A., Crosby, R.D., Becker, D.F., Añez, L.M., Paris, M., Grilo, C.M.. (2010) The prevalence and structure of obsessive-compulsive personality disorder in Hispanic psychiatric outpatients. *Journal of Behavior Therapy and Experimental Psychiatry*, *41*, 275-281.
  16. Perez-Benitez, C.I., Yen, S., Shea, M.T., Edelen, M., Markowitz, J.C., McGlashan, T.H., **Ansell, E.B.**, Grilo, C.M., & Skodol, A.E. (2010) Ethnicity in Trauma and Psychiatric Disorders: Findings from the Collaborative Longitudinal Study of Personality. *Journal of Clinical Psychology*, *66*, 583-398.
  17. Hopwood, C.J., **Ansell, E.B.**, Fehon, D., & Grilo, C.M. (2010) Personality heterogeneity in female adolescent inpatients with features of eating disorders. *Comprehensive Psychiatry*, *51*, 585-591.
  18. \*Samuel, D.B., **Ansell, E.B.**, Hopwood, C.J., Morey, L.C., Markowitz, J.C., Skodol, A.E., & Grilo, C.M. (2010) The Impact of NEO PI-R Gender-Norms on the Assessment of Personality Disorder Profiles. *Psychological Assessment*, *22*, 539-545.
  19. Grilo, C.M., Stout, R.L., Markowitz, J.C., Sanislow, C.A., **Ansell, E.B.**, Skodol, A.E., Bender, D.S., Pinto, A., Shea, M.T., Yen, S., Gunderson, J.G., Morey, L.C., McGlashan, T.H. (2010) Personality disorders predict relapse after remission from an episode of major depressive disorder: A six-year prospective study. *Journal of Clinical Psychiatry*, *71*, 1629 - 1635
  20. **Ansell, E.B.**, Kurtz, J.E., DeMoor, R.M., & Markey, P.M. (2011) Validity of the PAI Interpersonal Scales for Measuring the Dimensions of the Interpersonal Circumplex. *Journal of Personality Assessment*, *93*, 33-39.
  21. Hopwood, C.J., Malone, J.C., **Ansell, E. B.**, Sanislow, C.A., Grilo, C.M., McGlashan, T. H., Pinto, A., Shea, M.T., Skodol, A.E., Gunderson, J.G., Zandarini, M.C., & Morey, L.C. (2011) Personality Assessment in DSM-V: Empirical support for rating severity, style, & traits. *Journal of Personality Disorders*, *25*, 305-320.
  22. Gunderson, J.G., Stout, R.L., McGlashan, T.H., Shea, M.T., Morey, L.C., Grilo, C.M., Zandarini, M.C., Yen, S, Markowitz, J.C., Sanislow, C, **Ansell, E.B**, Pinto, A, Skodol, A.E. (2011). Ten-year course of borderline personality disorder: psychopathology and function from the collaborative longitudinal personality disorders study. *Archives of General Psychiatry*, *68*, 827-837.

23. Hopwood, C.J., **Ansell, E.B.**, Pincus, A.L., Wright, A.G.C., Lukowitsky, M.L. & Roche, M.J. (2011). The circumplex structure of interpersonal sensitivities. *Journal of Personality, 79*, 707-740.
24. Hopwood, C.J., **Ansell, E.B.**, Fehon, D.C., Grilo, C.M. (2011). The mediational significance of negative/depressive affect in the relationship of childhood maltreatment and eating disorder features in adolescent psychiatric inpatients. *Eating and Weight Disorders, 16*, e9-e16.
25. **Ansell, E.B.**, Pinto, A. Edelen, M.O., Markowitz, J., Sanislow, C. A., Yen, S., Zagarini, M., Skodol, A. E., Shea, M.T., Morey, L.C., Gunderson, J. McGlashan, T.H., Grilo C.M. (2011). The Association of Personality Disorders with the Prospective 7-year Course of Anxiety Disorders. *Psychological Medicine, 41*, 1019-1028.
26. Hopwood, C.J., Morey, L.C., Skodol, A.E., Sanislow, C.A., Grilo, C.M., **Ansell, E.B.**, McGlashan, T.H., Markowitz, J.C., Pinto, A, Yen, S, Shea, M.T., Gunderson, J.G., Zagarini, M.C., Stout, R.L.(2011). Pathological personality traits among patients with absent, current, and remitted substance use disorders. *Addictive Behaviors, 36*, 1087-190.
27. \*Samuel, D.B., Hopwood, C.J., **Ansell, E.B.**, Morey, L.C., Sanislow, C.A., Markowitz, J.C., Yen, S, Shea, M.T., Skodol, A.E., Grilo, C.M. (2011). Comparing the temporal stability of self-report and interview assessed personality disorder. *Journal of Abnormal Psychology, 120*, 670-680.
28. Yen, S, Shea, M.T., Walsh, Z., Edelen, M.O., Hopwood, C.J., Markowitz, J.C., **Ansell, E.B.**, Morey, L.C., Grilo, C.M., Sanislow, C.A., Skodol, A.E., Gunderson, J.G., Zagarini, M.C., McGlashan, T.H.. (2011). Self-harm subscale of the Schedule for Nonadaptive and Adaptive Personality (SNAP): predicting suicide attempts over 8 years of follow-up. *Journal of Clinical Psychiatry, 72*, 1522-8.
29. **Ansell, E.B.**, Grilo, C.M., White, M.A. (2012) Examining the interpersonal model of binge eating and loss of control over eating in women. *International Journal of Eating Disorders, 45*, 43-50.
30. \*Cain, N.M., **Ansell, E.B.**, Wright A.G.C., Hopwood, C.J., Thomas, K.M., Pinto, A. Markowitz, J.C., Sanislow, C.A., Zagarini, M.C., Shea, M. T., Morey, L.C., McGlashan, T.H., Skodol, A.E., Grilo, C.M. (2012). Interpersonal pathoplasticity in the course of major depression. *Journal of Clinical and Consulting Psychology, 80*, 78-86.
31. Grilo, C.M., Pagano, M.E., Stout, R.L., Markowitz, J.C., **Ansell, E.B.**, Pinto, A, Zagarini, M.C., Yen, S, Skodol, A.E. (2012). Stressful life events predict eating disorder relapse following remission: Six-year prospective outcomes. *International Journal of Eating Disorders, 45*, 185-192.



32. Grosse-Holtforth, M., Altenstein, D., **Ansell, E.B.**, Schneider, C., Caspar, F. (2012). Impact Messages of Depressed Outpatients as Perceived by Their Significant Others: Profiles, Therapeutic Change, and Relationship to Outcome. *Journal of Clinical Psychology*, 68, 319-333.
33. **Ansell, E.B.**, Gu, P., Tuit, K., Sinha, R. (2012). Effects of cumulative stress and impulsivity on smoking status. *Human Psychopharmacology*, 27, 200-8
34. \*Perepletchikova F, **Ansell E.B.**, Axelrod S. (2012). Borderline personality disorder features and history of childhood maltreatment in mothers involved with child protective services. *Child Maltreatment*, 17, 182-90.
35. Morey, L.C., Hopwood, C.J., Markowitz, J.C., Gunderson, J.G., Grilo, C.M., McGlashan, T.H., Shea, M.T., Yen, S., Sanislow, C.A., **Ansell, E.B.**, Skodol, A.E. (2012). Comparison of alternative models for personality disorders, II: 6-, 8-, and 10-year follow-up. *Psychological Medicine*, 42, 1705-13.
36. \*Blomquist, K.K., **Ansell, E.B.**, White, M.A., Masheb, R.M., Grilo, C.M. (2012). Interpersonal problems and developmental trajectories of binge eating disorder. *Comprehensive Psychiatry*, 53, 1088-95.
37. **Ansell, E.B.**, Rando, K. Tuit, K., Guarnaccia , J., Sinha, R. (2012). Cumulative Adversity and Smaller Gray Matter Volume in Medial Prefrontal, Anterior Cingulate and Insula Regions. *Biological Psychiatry*, 72, 57-64. **\*One of the top cited articles for 2013 in Biological Psychiatry**
38. Ellison WD, Levy KN, Cain NM, **Ansell EB**, Pincus AL. (2013). The impact of pathological narcissism on psychotherapy utilization, initial symptom severity, and early-treatment symptom change: a naturalistic investigation. *Journal of Personality Assessment*, 3, 291-300.
39. \*Hamilton, K.R., **Ansell, E.B.**, Reynolds, B., Potenza, M.N., Sinha, R. (2013). Self-reported impulsivity, but not behavioral choice or response impulsivity, partially mediates the effect of stress on drinking behavior. *Stress*, 16, 3-15.
40. Hopwood, C.J., Wright, A.C.G., **Ansell, E.B.**, & Pincus, A.L. (2013). The interpersonal core of personality pathology. *Journal of Personality Disorders*, 27, 270-295.
41. Samuel DB, Sanislow CA, Hopwood CJ, Shea MT, Skodol AE, Morey LC, **Ansell, E.B.**, Markowitz JC, Zanarini MC, Grilo CM. (2013). Convergent and incremental predictive validity of clinician, self-report, and structured interview diagnoses for personality disorders over 5 years. *Journal of Consulting and Clinical Psychology*, 4, 650-9.
42. Walsh Z, Shea MT, Yen S, **Ansell EB**, Grilo CM, McGlashan TH, Stout RL, Bender DS, Skodol AE, Sanislow CA, Morey LC, Gunderson JG. (2013). Socioeconomic-status and

mental health in a personality disorder sample: The importance of neighborhood factors. *Journal of Personality Disorders*, 27, 820-31.

43. \*Seo, D., Tsou, K.A., **Ansell, E.B.**, Potenza, M.N., & Sinha, R. (2014). Cumulative adversity sensitizes neural response to acute stress: Association with health symptoms. *Neuropsychopharmacology*, 39, 670-8.
44. Thomas, K.M., Hopwood, C.J., Donnellan, M.B., Wright, A.G., Sanislow, C.A., McDevitt-Murphy M.E., **Ansell EB**, Grilo, C.M., McGlashan, T.H., Shea, M.T., Markowitz, J.C., Skodol, A.E., Zanarini, M.C., Morey, L.C. (2014). Personality heterogeneity in PTSD: Distinct temperament and interpersonal typologies. *Psychological Assessment*, 26, 23-34.
45. Cain, N.M., **Ansell, E.B.**, Simpson, H.B., Pinto, A. (2015). Interpersonal functioning in obsessive-compulsive personality disorder. *Journal of Personality Assessment*, 97, 90-99.
46. Keuroghlian, A.S., Gunderson, J.G., Pagano, M.E., **Ansell, E.B.**, Markowitz, J.C., Shea, M.T., Sanislow, C., Grilo, C.M. Stout, R.L., Zanarini, M.C., McGlashan, T.H., Skodol, A.E. (2015). Interactions of borderline personality disorder and anxiety disorders over ten years. *Journal of Clinical Psychiatry*, 76, 1529-1534.
47. **Ansell, E.B.**, Laws, H.B., Roche, M.J. & Sinha, R. (2015). Effects of marijuana use on impulsivity and hostility in daily life. *Drug and Alcohol Dependence*, 148, 136-142.
48. **Ansell, E.B.**, Wright, A.G.C., Markowitz, J.C., Sanislow, C.A., Hopwood, C.J., Zanarini, M.C., Pinto, A., Yen, S., McGlashan, T.H., Grilo, C.M. (2015). Personality disorder risk factors for suicide attempts over 10 years of follow-up. *Personality Disorders: Theory, Research, and Treatment*, 6, 161-167.
49. Creswell, K.G., Bachrach, R.L., Wright, A.G.C., Pinto, A., & **Ansell, E.B.** (2016). Predicting problematic alcohol use with the DSM-5 alternative model of personality pathology. *Personality Disorders: Theory, Research, and Treatment*, 7, 103-111.
50. \*Raposa, E.B., Laws, H.B., & **Ansell, E.B.** (2016). Prosocial behavior mitigates the negative effects of stress in everyday life. *Clinical Psychological Science*, 4, 691- 698.
51. Timoney, L.R., Walsh, Z., Shea, M.T., Yen, S., **Ansell, E.B.**, Grilo, C.M., McGlashan, T.H., Stout, R.L., Bender, D.S., Skodol, A.E., Sanislow, C.A., Morey, L.C., Gunderson, J.G. (2017). Personality and Life Events in a Personality Disorder Sample. *Personality Disorders: Theory, Research, and Treatment*. 8:376-382
52. Milivojevic, V., **Ansell, E.B.**, Simpson, C., Siedlarz, K.M., Sinha, R., Fox, H.C. (2017). Peripheral immune system adaptations and motivation for alcohol in non-dependent problem drinkers. *Alcoholism: Clinical & Experimental Research*, 41, 585-595.

53. \*Laws, H.B., Ellerbeck, N., Rodrigues, A., Simmons, J.A., **Ansell, E.B.** (2017). Social Rejection and Alcohol Use in Daily Life. *Alcoholism: Clinical & Experimental Research*, 41, 820-827.
54. Hopwood CJ, Kotov R, Krueger RF, Watson D, Widiger TA, Althoff RR, **Ansell EB**, Bach B, Michael Bagby R, Blais MA, Bornovalova MA, Chmielewski M, Cicero DC, Conway C, De Clercq B, De Fruyt F, Docherty AR, Eaton NR, Edens JF, Forbes MK, Forbush KT, Hengartner MP, Ivanova MY, Leising D, John Livesley W, Lukowitsky MR, Lynam DR, Markon KE, Miller JD, Morey LC, Mullins-Sweatt SN, Hans Ormel J, Patrick CJ, Pincus AL, Ruggero C, Samuel DB, Sellbom M, Slade T, Tackett JL, Thomas KM, Trull TJ, Vachon DD, Waldman ID, Waszczuk MA, Waugh MH, Wright AGC, Yalch MM, Zald DH, Zimmermann J. (2018). The time has come for dimensional personality disorder diagnosis. *Personality and Mental Health*, 12, 82-86.
55. \*De Vita, M. J., Moskal, D., Maisto, S. A., **Ansell, E. B.** (2018). Cannabinoid analgesia in human experimental pain trials: a systematic review and meta-analysis. *JAMA Psychiatry*.
56. Chaplin, TM, Poon, JA, Thompson, JC, Hansen, A, Dziura, SL, Turpyn, CC, Niehaus, CE, Sinha, R, Chassin, L & **Ansell, E.B.** (2019). Sex-Differentiated Associations among Negative Parenting, Emotion-Related Brain Function, and Adolescent Substance use and Psychopathology Symptoms. *Social Development*, 28, 637-656.
57. \*Gonçalves, S.F., Chaplin, T.M., Turpyn, C.C., Niehaus, C.E., Curby, T.W., Sinha, R., **Ansell, E.B.** (2019) Difficulties in Emotion Regulation Predict Depressive Symptom Trajectory from Early to Middle Adolescence. *Child Psychiatry & Human Development*, 50, 618-630.
58. \*De Vita, M.J., Maisto, S.A., **Ansell, E.B.**, Zale, E.L., Ditre, J.W. (2019). Pack-Years of Tobacco Cigarette Smoking as a Predictor of Spontaneous Pain Reporting and Experimental Pain Reactivity. *Experimental & Clinical Psychopharmacology*, 27, 552-560.
59. \*Goodhines PA, Gellis LA, **Ansell EB**, Park A. (2019) Cannabis and alcohol use for sleep aid: A daily diary investigation. *Health Psychology*, 38, 1036-1047.
60. Hopwood CJ, Krueger RF, Watson D, Widiger TA, Althoff RR, **Ansell EB**, Bach B, Bagby RM, Blais MA, Bornovalova MA, Chmielewski M, Cicero DC, Conway C, De Clercq B, De Fruyt F, Docherty AR, Eaton NR, Edens JF, Forbes MK, Forbush KT, Hengartner MP, Ivanova MY, Leising D, Lukowitsky MR, Lynam DR, Markon KE, Miller JD, Morey LC, Mullins-Sweatt SN, Ormel J, Patrick CJ, Pincus AL, Ruggero C, Samuel DB, Sellbom M, Tackett JL, Thomas KM, Trull TJ, Vachon DD, Waldman ID, Waszczuk MA, Waugh MH, Wright AGC, Yalch MM, Zald DH, Zimmermann J. (2019) Commentary on "The Challenge of Transforming the Diagnostic System of Personality Disorders". *Journal of Personality Disorders*, 25, 1-4. PMID: 30802176.

61. \* Bedillion MF, **Ansell EB**, Thomas GA. (2019) Cancer treatment effects on cognition and depression: The moderating role of physical activity. *Breast*, 44, 73-80. PMID: 30685529.
62. \*Mauro KL, Goncalves SF, Sinha R, **Ansell E**, Chaplin TM. (2020) Does Alcohol Initiation in Early-To-Middle Adolescence Predict Changes in Reward Motivation? Evidence of Sex Differences. *Alcohol Clinical and Experimental Research*, 44,1420-1430. PMID: 32463517
63. Linden-Carmichael AN, Allen HK, Masters LD, **Ansell EB**, Lanza ST. (2020). Age-varying trends in alcohol and cannabis co-occurring use: Implications for prescription drug misuse. *Am J Drug Alcohol Abuse*, 11,1-11. PMID: 33175597
64. Hopwood CJ, Harrison AL, Amole M, Girard JM, Wright AGC, Thomas KM, Sadler P, Ansell EB, Chaplin TM, Morey LC, Crowley MJ, Emily Durbin C, Kashy DA. (2020) Properties of the Continuous Assessment of Interpersonal Dynamics Across Sex, Level of Familiarity, and Interpersonal Conflict. *Assessment*. 27, 40-56. PMID: 30221975.
65. \*Gonçalves, S., Chaplin, T., López Jr, R., Regalario, I., Niehaus, C., McKnight, P, Stults-Kolehmainen, M., Sinha, R., **Ansell, E. B.** (in press). High Frequency Heart Rate Variability and Emotion-Driven Impulse Control Difficulties During Adolescence: Examining Experienced and Expressed Negative Emotion as Moderators. *Journal of Early Adolescence*.

\* Postdoctoral fellow/ Predoctoral fellow/ Postgraduate fellow/ Graduate Student trainee

### Chapters

1. Pincus, A. L., & **Ansell, E. B.** (2003). Interpersonal theory of personality. In T. Millon & M. Lerner (Eds.), *Comprehensive handbook of psychology Vol. 5: Personality and Social Psychology* (pp. 209-229). New York: Wiley.
2. **Ansell, E. B.** & Grilo, C. M. (2007). Personality Disorders. In M. Hersen, S. M. Turner, & D. C. Beidel (Eds.), *Adult Psychopathology and Diagnosis (5th ed.)*. New York: Wiley.
3. Pincus, A.L. & **Ansell, E.B.** (2013). Interpersonal Theory of Personality. In H. Tennen & J. M. Suls (Eds.) *Handbook of Psychology, Volume 5: Personality and Social Psychology*. New York: Wiley.
4. Cain, N.M. & **Ansell, E.B.** & Pinto A. (2013). Cluster C Personality Disorders and Anxiety Disorders. In E. Storch & D. McKay (Eds.) *Handbook of Treating Variants and Complications in Anxiety Disorders*. New York: Springer.

5. Cain, N.M. & **Ansell, E.B.** (2014). An Integrative Interpersonal Framework of Personality Pathology. In S. Huprich (Ed.) *Personality Disorders: Assessment, Diagnosis, and Research*.
6. Pinto, A., **Ansell, E.B.**, Wheaton, M. G., Krueger, R. F., Morey, L., Skodol, A. E., Clark, L. A. (2018). The construct validity of obsessive compulsive personality disorder and its component personality traits. In J. Livesley & R. Larstone (Eds), *Handbook of personality disorders*, second edition. New York: Guilford Publications.
7. Roche, M.J. & **Ansell E.B.** (in press). Interpersonal Models of Personality Pathology. In Gratz, K.L. & Lejuez C. (Eds.) *Handbook of Personality Disorders*. Cambridge University Press.

### **PROFESSIONAL PRESENTATIONS**

**Ansell, E.B.** & Laws, H. B. (2017, June). *The Daily Course of Alcohol Craving: The Impact of Interpersonal Stress*. In Stadler, G. (Chair) *Social Relationships, Health and Well-Being in Daily Life*. Symposium conducted at the Society for Ambulatory Assessment, Luxembourg.

\*Ellerbeck, N. & **Ansell, E.B.** (2017, July) *A New Method of Sampling Social Interactions that Occur within Written Messages*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.

\*Rodrigues, A. & **Ansell, E.B.** (2017, July) *Theory of Mind and Intraindividual Variability in Interpersonal Behaviors and Emotional Experiences*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.

\*Simmons, J.A., & **Ansell, E.B.** (2017, July). *The Interpersonal Problems and Sensitivities Profiles of Childhood Trauma*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.

**Ansell, E.B.** (2017, March). *Career Trajectories for Assessment in Medical Health Research in Dowgwilllo (Chair) Assessment Related Career Trajectories: Planning for and Acquiring Post-Doc, Clinical and Academic Positions*. Symposium conducted at the Society for Personality Assessment, San Francisco, CA.

\*Ellerbeck, N., **Ansell, E.B.**, Pincus, A.L., Benson, L., Conroy, D., Ram, N. (2016, March). *Functional Impairments and Life Satisfaction: Associations with Daily Social Behavior*. In Pincus, A.L. (Chair) *Diverse Methods of Interpersonal Assessment*. Symposium conducted at the Society for Personality Assessment, Chicago, IL.

**Ansell, E.B.**, Raposa, E.B., & Laws, H.B. (2015, June). *The Buffering Effects of Prosocial Behaviors on Stress Effects in Daily Life*. Paper presented at the Society for Ambulatory Assessment, University Park, PA.

**Ansell, E.B.**, & Roche, M.J. (2015, May). *The Impact of Social-Emotional Accuracy on Interpersonal Interactions in Daily Life*. Paper presented at the Society for Interpersonal Theory and Research, Toronto, ON.

\*Rodrigues, A.S., Ellerbeck, N.E., & **Ansell, E.B.** (2015, May). *The Relationship between Social-Emotional Accuracy, Interpersonal Sensitivities and Interpersonal Problems*. Paper presented at the Society for Interpersonal Theory and Research, Toronto, ON.

\*Ellerbeck, N.E. & **Ansell, E.B.** (2015, May). *Attachment and Interpersonal Experiences in Daily Life*. Paper to be presented at the Society for Interpersonal Theory and Research, Toronto, ON.

**Ansell, E.B.** (2015, May). *Trauma History, Allostatic Load, and the Effects of Daily Stress on HPA Function*. In **Ansell, E.B.** (Chair). *Affect, Social Stress, and Neuroendocrine Effects of Trauma and Adversity in Daily Life*. Symposium conducted at the Annual Convention for the Association for Psychological Science, New York, NY.

\*Ellerbeck, N.E. & **Ansell, E.B.** (2015, March). *PID-5 Pathological Personality Traits and Daily Assessments of Interpersonal Behavior and Perception*. Poster presented at the Society for Personality Assessment, Brooklyn, NY. (**Awarded Honorable Mention Poster Prize**)

\*Rodrigues, A.S. & **Ansell, E.B.** (2015, March). *Associations between PID-5 Personality Traits and Performance on a Social Emotional Accuracy Task*. Poster presented at the Society for Personality Assessment, Brooklyn, NY. (**Awarded Honorable Mention Poster Prize**)

**Ansell, E.B.** & Laws, H.B. (2015, March). *Stress and Interpersonal Functioning in Daily Life*. In Meehan, K. (Chair) *Experience Sampling of Affective-Interpersonal Cycles in Daily Life*. Symposium conducted at the Society for Personality Assessment, Brooklyn, NY.

\*Laws, H. B. & **Ansell, E.B.** (2014, June). *Momentary assessment of hostility, rejection, and social support predict stress and alcohol craving*. Paper presented at the Annual meeting of the Society for Interpersonal Theory and Research, New Haven, CT.

**Ansell, E.B.**, Simmons, J.A., Thomas, K.M., Hopwood, C.J. (2014, March). *Bullying Effects on Mental Health: The Moderating Influence of Personality Traits*. In **Ansell, E.B.** (Chair) *Assessing Adaptation, Coping, and Resilience*. Symposium conducted at the Society for Personality Assessment, Arlington, VA.

**Ansell, E.B.**, Rando, K. Tuit, K., Guarnaccia, J., Sinha, R. (2013, June). *Interaction effects of cumulative stress and self-esteem on gray matter volume and hazardous drinking*. Poster presented at the annual meeting of the Research Society on Alcoholism, Orlando, FL.

**Ansell, E.B.,** Roche, M., Pincus, A.L. (2103, May). *Social Functioning and life satisfaction: Associations with daily social behavior*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Park City, UT.

**Ansell, E.B.,** Rando, K. Tuit, K., Guarnaccia , J., Sinha, R. (2012, October). *Cumulative Stress, and Self-Esteem: Associations with Gray Matter Volume in Community Participants*. Invited presentation at the early career investigators poster session of the Frontiers in Addiction Research NIDA Mini-Convention Held in Conjunction with the Society for Neuroscience (SfN) Annual Meeting, New Orleans, LA.

\*Simmons, J.A., **Ansell, E.B.,** Thomas, K.M., Hopwood, C.J., & Chaplin, T.M. (2012, May). *Interpersonal behaviors and stress in the parent-adolescent interaction task*. Poster presented at the annual meeting of the Society for Interpersonal Theory and Research, Montreal, Quebec, Canada.

**Ansell, E.B.** (2012, May). *Interpersonal Stress: Problems, Sensitivities, and the HPA Axis*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Montreal, Quebec, Canada.

**Ansell, E. B.,** Thomas, K.M., Hopwood, C.J., & Chaplin, T.M. (2012, March). *Interpersonal complementarity and stress in the parent-adolescent interaction task*. Paper presented at the annual meeting of the Society for Personality Assessment, Chicago, IL.

**Ansell, E. B.,** Cain, N.M., Wright, A.C.G., Hopwood, C.J., Thomas, K. & Grilo, C.M. (2011, June). *Interpersonal subtypes and pathoplasticity in course of depression*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Zurich, Switzerland.

**Ansell, E.B.,** Wright, A.G.C., & Grilo, C.M. (2011, May). *Interpersonal trait profiles and risk in patients who made suicide attempts*. Poster presented at the annual meeting of Association for Psychological Science, Washington, D.C.

**Ansell, E.B.** (2011, March). *Validity and functional correlates of the Pathological Obsessive Compulsive Personality Scale (POPS)*. Paper presented at the annual meeting of the Society for Personality Assessment, Boston, MA.

**Ansell, E.B.** (2011, March). *Interpersonal pathoplasticity and psychiatric disorders*. Paper presented at the annual meeting of the Society for Personality Assessment, Boston, MA.

**Ansell, E.B.** (2010, June). *Interpersonal traits as risk factors for suicidal ideation and suicide attempts*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Philadelphia, Pennsylvania.

\*Blomquist, K., **Ansell, E.B.,** White, M.A., Grilo, C.M. (2010, June). *Interpersonal styles are associated with age of binge eating, dieting, and obesity onset in obese men and women with binge eating disorder*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Philadelphia, Pennsylvania.

**Ansell, E.B.**, Ball, S., Hopwood, C.H., & Pincus, A.L. (2009, May). *Interpersonal problem effects on retention in residential substance abuse treatment*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research. Toronto, Canada.

**Ansell, E.B.**, Pinto, A., Becker, D.F., Añez, L.M., Paris, M., White, M.A., & Grilo, C.M. (2008, May). *Confirming a two-factor model of Obsessive Compulsive personality disorder in Hispanic psychiatric outpatients*. Poster session presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.

**Ansell, E.B.**, Sanislow, C.A., Grilo, C.M., Stout, R.L., & McGlashan, T.H. (2008, May) *Prevalence and persistence of criteria for Schizotypal, Borderline, Avoidant, and Obsessive-Compulsive Personality Disorders at 6-year follow-up*. In A. E. Skodol (Chair), *Dimensional models of Personality Disorders*. Symposium conducted at the annual meeting of the American Psychiatric Association, Washington, D.C..

Pinto, A., **Ansell, E. B.**, Grilo, C. M., Shea, M. T. (2007, May) *A multidimensional model of obsessive-compulsive personality disorder*. Paper presented at the annual meeting of the Association for Research on Personality Disorders, San Diego, California.

**Ansell, E. B.** (2006, August). Integrative two-dimensional model of adaptive and maladaptive narcissism. In A. L. Pincus (Chair), *Beyond grandiosity – New perspectives on narcissistic personality and narcissistic pathology*. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, Louisiana.

**Ansell, E. B.**, Grilo, C. M., Sanislow, C. A., & McGlashan, T. H.. (2006, May). *Specific psychosocial impairment in personality and psychiatric disorders compared to healthy controls*. Poster session presented at the annual meeting of the Association for Psychological Science, New York, New York.

Pincus, A. L., Cain, N. M., & **Ansell, E. B.** (2006, January). Narcissism at the crossroads. In S. A. Rosenthal (Chair), *I love me...I love me not: Do narcissists have high self-esteem, low self-esteem, or both?* Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.

Pimental, C. A., Pincus, A. L., **Ansell, E. B.**, White, C. N., Uliaszek, A. A., Craver, A., Reid, J. J., & Cain, N. M. (2004, August). *Initial derivation and validation of the Vulnerable Narcissism Scale*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.

Uliaszek, A. A., Pincus, A. L., Slaney, R., & **Ansell, E. B.** (2004, May). *Perfectionism and interpersonal problems: A study of gender differences*. Poster session presented at the annual meeting of the Society for Interpersonal Theory and Research, Toronto, Canada.





- Fall 2006 - 2016                      Assessment Seminar, Pre-doctoral Internship, Department of  
Psychiatry, Yale University School of Medicine, New Haven, CT
- Fall 2006 – 2008                      Graduate Clinical Assessment, Department of Psychology, Yale  
University, New Haven, CT
- 2001 thru 2003                      Personality Theory, Instructor  
Department of Psychology, Pennsylvania State University,  
University Park, PA

### **INVITED PRESENTATIONS**

- 11/2018                      “Stress, Sensory Regulation, and Self-Harm” Invited Presentation at the  
Brain and Behavior Research Foundation’s Families for Borderline  
Personality Disorder Reception.
- 10/2018                      “Stress, Psychopathology, and Addiction” Invited Colloquium,  
Department of Psychology, SUNY Buffalo,
- 08/2018                      “The Highs and Lows of Cannabis Use” Invited Keynote at the Center for  
Brain and Behavior Research, University of South Dakota.
- 10/2017                      “Stress, Psychopathology, & Addiction: Risk processes in daily life.”  
Colloquium at the Edna Bennett Pierce Prevention Research Center,  
Pennsylvania State University
- 10/2017                      “Stress, Psychopathology, & Addiction: Risk processes in daily life.”  
Grand Rounds for the Department of Psychiatry, Stony Brook Medical  
School.
- 01/2017                      “Stress and Substance Use: Risk processes in Daily Life” Colloquium for  
the Center for Technology and Behavioral Health, Geisel School of  
Medicine at Dartmouth.
- 03/2016                      “Risk for Stress Related Psychopathology: Mechanisms and Dynamic  
Processes in Daily Life” Colloquium in the Department of Psychology,  
CUNY Baruch.
- 10/2015                      “Stress and Substance Use: Risk processes in Daily Life” Grand Rounds,  
Department of Psychiatry, Yale University School of Medicine.
- 03/2015                      “Cumulative Adversity, Stress and Risk for Dysfunction in Daily Life”  
Colloquium in the Division of Prevention and Community Research, Yale  
University School of Medicine.

- 06/2014 “Impulse Control and Borderline Personality Disorder”  
National Education Alliance –Borderline Personality Disorder Call-In  
Series Invited Speaker.
- 11/2013 “Stress Happens: Pathways to dysfunction” Clinical Grand Rounds,  
Psychology Department, Long Island University- Brooklyn, Brooklyn,  
NY.
- 10/2013 “Stress Happens: Pathways to dysfunction and addiction” Clinical Speaker  
Series, Psychology Department, Yale University, New Haven, CT
- 12/2012 “What happens when stress happens: Pathways to social dysfunction and  
addiction.” Clinical Psychology Department, The Pennsylvania State  
University, University Park, PA
- 05/2012 “Hostility, Impulsivity, and Social Process in BPD” Yale NEA-BPD  
Annual Conference, Yale University, New Haven, CT
- 04/2010 "Stress and Impulsivity: Direct and Indirect Effects on Smoking."  
Interdisciplinary Research Consortium on Stress, Self-Control and  
Addiction Seminar, Yale University School of Medicine, New Haven, CT
- 11/2008 “Avoidant Personality Traits and Suicide Related Outcomes”Borderline  
Personality Disorder Research Grand Rounds, McLean Hospital, Belmont,  
MA

### **Journal Service**

Addiction Biology, American Journal of Psychiatry, Assessment, Biological Psychiatry,  
Biological Psychology, Canadian Psychology, Cannabis, Child Maltreatment, Comprehensive  
Psychiatry, Depression and Anxiety, Drug & Alcohol Dependence, Emotion, Journal of  
Abnormal Psychology, Journal of Behavior Therapy and Experimental Psychiatry, Journal of  
Clinical and Consulting Psychology, Journal of Clinical Psychiatry, Journal of Contemporary  
Psychotherapy, Journal of Nervous and Mental Disorder Journal of Personality, Journal of  
Personality Assessment, Journal of Personality Disorders, Journal of Research in Personality,  
NeuroImage, Personality Disorders, Personality and Individual Differences, Personality and  
Social Psychology Bulletin, Personality Disorders: Theory, Research, Treatment. Psychological  
Assessment, Psychological Medicine, Psychology of Addictive Behaviors, Psychiatry Research,  
Psychoneuroendocrinology, Psychotherapy Research, Review of General Psychology, Self &  
Identity, Sex Roles, Training & Education in Professional Psychology